



Dear Parents and Carers,

Today we have celebrated Harvest Festival together in a 'Zoom' assembly. The children sang together; Maple class showed their leaf rubbings; Beech Class entertained us with a HARVEST TIME poem; Apple Class recited a thankful prayer which they had written for us and Chestnut explained all about Foodbank and how we can help others at this time. Chestnut Class have started a collection for Foodbank and we will add to this over the coming days. If you have any food etc to send in we will be happy to send it on. This list is an example Chestnut Class used to explore how much we would need to donate for one person for one day. We found that Mrs Prudence spends quite a lot on luxury items such as chocolate and magazines, but a person could spend as little as £18 for three days, which is a lot less than most of us spend. If you would prefer to donate cash, then we will pass that on—please send food and cash donations before Friday 2nd October (next Friday).

What's in a Food Parcel?

- Baked Beans: 410g
- Whippy Dessert: 49g pack
- Tinned Hotdogs: 400g
- Tinned Vegetables: 300g
- Gravy Granules: 200g
- Tinned Garden Peas: 300g
- Tinned Chopped Tomatoes: 400g
- Tinned Tuna: 200g
- Tinned Meatballs: 400g
- Tinned Pineapple Pieces: 432g
- Muesli: 750g
- Orange Juice: 1 litre
- Pasta: 500g
- Cuppa Soup: 94g
- Skimmed Milk: 1kg
- Custard: 500g
- Pot Noodle: 90g
- Choc Chip Cookies: 250g



We are noticing the change of seasons in school, as we are keeping doors and windows open whenever possible. Please do send your children with a warm coat and suitable wellies/trainers. Playtimes are vital for our wellbeing and we aim to play outside whenever possible.

We are keeping abreast of current advice and planning parent consultations, etc with everyone's safety in mind.

Please do read all the communications as we will be doing things

differently to other years. Thank you for your support.

You will have received information from us yesterday, regarding the new NHS Track and Trace app. Please do keep up to date with news and advice, and act accordingly, to keep us all safe.
<https://www.covid19.nhs.uk>

Reminders:

- Please make sure your child has a water bottle in school every day.
- If your child is absent, please contact the school office, either by telephone or e-mail, to let us know each day.

Thank you.

British Nutrition Foundation - Healthy Eating Week 28th September - 2nd October 2020

Healthy eating and being physically active are particularly important for children and adolescents. This is because their nutrition and lifestyle influence their wellbeing, growth and development.

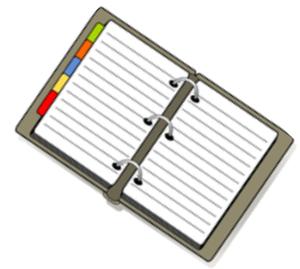
We have some resources displayed in the hall to emphasise the importance of highlighting good nutrition through the school curriculum and through the food and drink available in school; a whole school approach is required to effectively and sustainably change eating habits of schoolchildren

School food provision has seen many changes over recent years, with school food standards now in place in all UK regions,

Some resources are attached for your information:

- Find Your Balance - information sheet
- Try Swap Change - challenge

Parking Please could you all remember that the school car park is reserved for parents and carers of Apple Class pupils only, and for those transporting very young pre school children.
 This will help us to keep the area safe for all our families.



Diary Dates 2020

Autumn Term 2020 : Monday 7th September—Friday 18th December

Half term holiday: October 26th—30th

2020/21 INSET days

Thursday 3rd September and Friday 4th September 2020

28th September - 2nd October - British Nutrition Foundation Healthy Eating week -
Bike to School Week - Sunstrans.org.uk

Thursday 8th October, 9.45-10.00 - Hugo Van Driel outdoor Zoom Assembly

Tuesday 13th October, 3.10—5.00 - Whole School Parent Evening (details to follow)

Wednesday 14th October, 3.10—6.00 - Whole School Parent Evening (details to follow)

Wednesday 14th October - Flu Vaccination for all year groups

Wednesday 11th November—Remembrance Assembly—time tbc

Friday 13th November—Children in Need

Monday 16th November, 8.30 - Yellow School Photographs - Individuals and Siblings

Thursday 26th November, 5.30 - Full Governing Body Meeting

Coronavirus Information for Parents

Please see the leaflet which will be sent out with this newsletter.

Regardless of the method of measuring the risk of this virus for us and how skewed this data is by the increased amount of testing etc., (number of reported cases, number of hospital admissions, number of deaths) our local area remains a **relatively** low risk area—but not as low as other areas, as you will see on the BBC website. This remains a real threat to us as individuals, families, the school and our wider community, in many ways. We will keep the school open for everyone if at all possible, and this follows current national and local government guidelines.

These DfE and WSCC guidelines are constantly changing and we are aware that there may be the need to close a 'bubble' or the school at some point if the situation worsens.

We ask for your support in being vigilant but pragmatic— please do look out for symptoms in your family and stay at home/ request a test if appropriate. If you are not sure, consult the attached guidance and see the NHS link below, where advice is constantly updated.

NHS <https://www.nhs.uk/conditions/coronavirus-covid-19/>

It is likely that we will have a small number of pupils each week who are awaiting test results for C-19 and are therefore at home. We will also have children who are at home with a cold, feeling sick etc. Please do not panic about this -we will keep you informed and we will act immediately if there are any confirmed cases. It remains difficult to access tests currently but we are assured that this is to be improved.

We are continuing with our measures in school: **hands, face, space**. We continue to enforce regular, frequent and thorough handwashing, as well as avoiding touching our faces. We keep apart by working in our 'bubbles' and by maintaining distance whenever feasible. This minimises the risk of viral spread and load, but does not remove it entirely. Please continue to support us in this and in the playground, & socially outside school. Help us to remain Covid free.

There is a plethora of information about the situation—the following may be of interest/value.

BBC <https://www.bbc.co.uk/news/uk-51768274>

PHE info <https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>

A study on symptoms in children <https://covid.joinzoe.com/post/back-to-school?fbclid=IwAR342bPhVEDPv4bSdX3SGnheUyIIVF3bMoEhmub4onZQY2RR-40kXyOzgs>



Are you looking for a way to get more involved with the school?

Are you interested in making a valuable contribution to your child's education?

Are you interested in helping to shape and oversee the administrative arm of the primary school?

**Then we are looking for
YOU!**

**Become a
Parent Governor!**

Information is attached regarding the election process for 2 new Parent Governors. Please do give your consideration to this vital role and the part that you can play in being part of the future of our school.

If you need any further information please do contact our Clerk to Governors, Pasha Delahunty or the school office team.

pdelahunty@westdean.w-sussex.sch.uk

office@westdean.w-sussex.sch.uk

As we all know it has been a tough few months for everyone including Teachers and Parents. With this in mind Everyone Active would like to offer all Teachers and Parents a free Gym or Swim Session.

If you would like to book a free session please do contact us via this link quoting School FREEBIE

<https://www.everyoneactive.com/enquiries>





Acorn Awards

Friday 25th September 2020

***Florence** - for being so kind to the children in Apple Class and being a good friend to others*

***Reuben** - for being a brilliant listener and always doing your best.*

***Poppy Wilson** - for all your fantastic reading this week, you have worked really hard both at home and at school. You are a Superstar!*

***Isaac** - for reading and presenting our harvest poem with such enthusiasm and expression*

***Milton** - for your enthusiasm and precision with weaving your 'Ojo de Dios'*

***Isaac** - for a super piece of writing. You wrote using powerful language to make your story come alive for the reader. We loved your use of 'brandished'. Well done.*

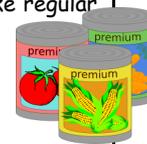


***Kitty** - for creating a lovely piece of writing. You stepped into Sammy's paws and wrote as Mr Tom's dog. It was a difficult challenge and you showed awareness of tense and tone. Really well done.*

Current Useful Information and Reminders:

September 2020

Thank you to everyone who supported us with donations to the **Chichester District Foodbank**; we continue to have a box in the Reception area to collect any items that you would like to donate and Mrs Jen Rogers has very kindly agreed to make regular deliveries of our goods.



Every Wednesday 3.00-3.15 - Pop in and see your child's classroom and have a look at their work. Teachers will be available every Wednesday for informal chats - do pop in. We would love to have the opportunity to share your child with you.

This is currently unavailable but we will be available in the playground each afternoon—Wednesdays remain a good day to 'catch us'.

School Money on-line donations.

We have been asked to set up the facility for people to make donations to the school if they would like to. This is available on Schoolmoney.co.uk and will show on your account as 'School Donation' with the amount of £1. There is absolutely no obligation to make this donation and if you wish, you can alter the figure to select the amount that you would like to pay.

Any donations to the school are very much appreciated and we thank you for your support.

Schoolmoney.co.uk on-line payments enables you to book for trips and clubs etc. and make payments on-line.

Please do log in regularly and check for 'live' visits and events.

Please log-in to your account to make sure any outstanding balances are settled.



PTA News:

If you would like to get involved in the PTA in any way please to contact westdeanpta@outlook.com or contact the school office (office@westdean.w-sussex.sch.uk)

Governing Body News:

Our team of governors continue to work together to help steer the school and support staff and the community.

We are currently recruiting for two new parent governors—see above for details—we would love to have you on board!

For information about our Governing Body, to find out who we are and what we do or how to contact us please email Mrs Pasha Delahunty, Clerk to Governors - pdelahunty@westdean.w-sussex.sch.uk.

Lost Property

Don't forget to check the lost property 'bin' , on the pavilion decking, for any items that you might be missing.

Please make sure that school uniform is clearly named to enable us to return clothing that has been found.