# WEST DEAN C OF E PRIMARY SCHOOL SEX AND RELATIONSHIP EDUCATION POLICY

Policy Review Information	
Policy Reviewed on	March 2016
Ratified by Governors on	
Review Cycle	4 Years
Next policy review date	March 2020
To be reviewed by	Governing Body
INDER PENTIL.	

## West Dean CE Primary School Sex and Relationship Education

#### Sex and Relationship Education

Sex and relationship education is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of loving and caring relationships. It is about the teaching of sex, sexuality and sexual health.

Research demonstrates that good, comprehensive sex and relationship education does not make young people more likely to become sexually active at a younger age.

Sex and Relationship Education Guidance (DfEE 0116/2000)

#### Aims

Sex and relationship education – 'SRE' at West Dean will:

- promote self esteem and emotional health and well being and help them form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, school, work and in the community
- •be taught in the context of relationships, considering the qualities of committed and positive relationships
- support the Christian ethos but not condemn sex out of wedlock
- be taught through other curriculum areas where appropriate, leading to impartial, non-biased knowledge of facts
- be taught sensitively, answering questions in an age-appropriate way, suitable for each individual or group of pupils
- be taught in partnership with parents: parents will know what and when aspects will be taught and will be informed of any inappropriate questions asked by children
- explore attitudes and values and develop skills in order to empower them to make positive decisions about their health related behaviour
- •be taught through a positive celebratory approach to growing up as individuals in an everchanging society including an awareness of online safety when appropriate
- challenge myths and misconceptions
- be supported by whole school agreements on certain questions and issues

#### Objectives

- To provide the knowledge and information to which all pupils are entitled
- To clarify/reinforce/challenge existing knowledge
- To raise pupils' self esteem and confidence, especially in their relationships with others
- To help pupils understand their sexual feelings and behaviour, so they can lead fulfilling and enjoyable lives
- To help pupils' develop skills (language, decision making, choice, assertiveness) and confidence to talk about sex and relationships and to make the most of their abilities (appropriate scientific terminology is used throughout school)
- To provide the confidence to be participating members of society and to value themselves and others
- To help gain access to information and support including using the internet safely
- To develop skills for a healthier safer lifestyle, knowing how to stay safe and who and when to make disclosures if they are troubled

- To develop and use communication skills and assertiveness skills to cope with the influences of their peers and the media
- To respect and care for their bodies
- To be prepared for growing, change, puberty and adulthood at the appropriate time

### The teaching programme for Sex and Relationship Education Legal requirements

All schools must teach the following as part of the National Curriculum Science Orders: parents do not have the right to withdraw their child/children.

#### National Curriculum Science

#### Key Stage 1

- 1. b) that animals including humans, move, feed, grow, and use their senses and reproduce.
- 2. a) to recognise and compare the main external parts of the bodies of humans and reproduce.
  - f) that humans and animals can reproduce offspring and these grow into adults.
- 3. a) to recognise similarities and differences between themselves and others and
- 4. treat others with sensitivity.

#### Key Stage 2

- 1. a) that the life processes common to humans and other animals include nutrition, growth and reproduction.
- 2. f) about the main stages of the human life cycle.
- Every child is entitled to receive appropriate and differentiated SRE regardless of ethnicity, gender, religion, age, culture, disability, sexuality, language specials needs, disadvantaged and looked after children.
- The school includes information on SRE in the school prospectus and full details are available on request.
- Parents have the right to withdraw their children from those aspects of sex and relationship education, not included in the National Curriculum Science Orders, alternative work would be set. We aim to avoid this: by working in partnership with parents they recognise the importance of this aspect of their child's education.

The content and coverage for our SRE sits within our PSHCE, Science and RE curriculum map, which we use to ensure we have taught the agreed curriculum throughout the key stages. This is available to parents and governors on our moodle and in school. It is taught through our topic based creative approach and in discrete lessons where appropriate.

#### The organisation of Sex and Relationship Education

- Apple Class Team are the designated team and Hannah Pleasance is the designated teacher with responsibility for coordinating SRE. They will lead the development, monitoring and evaluation of the policy and practice, with the Headteacher.
- SRE is taught by classroom teachers, teaching assistants. Where outside visitors such as the school nurse are used, this complements rather than replaces our teaching.
- A range of teaching methods which involve children's full participation are used: these include use of video, discussion, looking at case studies, anonymous question box, drama and role play. SRE is usually delivered in mixed gender groups however, there may be occasions where single gender groups are more appropriate and relevant.

 Teachers will endeavour to answer questions as honestly as possible but if faced with a question they do not feel comfortable answering within the classroom, provision would be made to meet the individual child's needs.

#### Child Protection / Confidentiality

- Teachers are aware that effective SRE, which brings an understanding of what is and is not acceptable in a relationship, may lead to disclosure of a child protection issue. The staff member will inform the Head Teacher /Designated Child Protection person in line with the school and LEA procedures for child protection.
- A member of staff cannot promise confidentiality if concerns exist.

#### Process for Policy development

- Initially a working party of our Headteacher and Chair of Governors, and members of our PSHCE team: coordinator, parent governor and a parent who is also a teaching assistant was set up to review the existing SRE provision and agree the principles and policy content.
- The policy has been developed in consultation with pupils, parents/carers, teaching-non teaching staff, governors and West Sussex consultants.
- It has been developed with staff and parent input through staff meetings and placement on the school moodle, school office and school notice board.
- Pupils are consulted at the end of their KS2 years about provision and how it can be improved.

This policy document will be shared with staff and governors, then with parents where two weeks will be allocated for consultation and comment. Following approval by the full governing body, it will be made available in the office and on the moodle.

Any change will be reflected in the school prospectus.

SRE issues will be included in the induction programme for all new members of staff.

This policy review will be led by Apple Class Team and the Headteacher Adopted by Governors Date... Signed by Chair of Governors Name of people involved in developing this policy.

Gillian Moss Hannah Pleasance Nicky Gates Penny Swinyard Neil Careswell Sue Tregear (WSCC)

Resources to teach sex and relationship education and support parents include fiction, reference books, leaflets and extracts from videos.

See Ali for book list

Also - documents Sue Tregear lent to school - for us to obtain copies

Channel 4 Living and Growing video Unit 1, 2 & 3 plus work books.

Unit 1 5-7yrs Differences / How did I get Here? / Growing up

Unit 2 7-9 yrs Changes / How babies are made / How babies are born

Unit 3 9-11yrs Girl talk / Boy talk / Let's talk about sex

Available from 4 Learning, PO Box 400 Wetherby LS23 7LG Tel 08701 246444